/403 cont./

481 He almost daily walks great distances through the forest, to his clearing, which not infrequently is located several kilometers away from the maloca, or to hunt or to search for fruits. The woman, besides the great movement inside the maloca, which is forced on her by the preparation of the food, will take a long walk through the forest almost every day /404/ to reach her clearing, where, in the sun, she will walk three or four hours without stopping. There is no mountain climbing, because the region, in general, is flat. Gymnastic exercises or corporal contests, such as in other human groups, are not known (139).

[526]

139. We have seen children who, playing, seize one another as though it were for open wrestling, without, however, throwing the companion to the ground.

• 492 And horseback riding is known just as little. There are as yet no horses around these altitudes, even for use by the civilized.

481 The sports practiced daily are the aquatic ones, that is, swim-
515 ming and rowing. In the morning, before daybreak, everyone, without exception, goes to the river, a short distance from the maloca or povoado, and takes his bath. Even the babes in arms are taken along by the mothers and bathed. This bath is quick, one immersing oneself in the water three or four times and passing the hand over the body. Sometimes they steady themselves by the arms on some canoe tied up, and kick the feet in the water. Later, at midday, that is, during the warm hours, when they come back perspiring from the forest or from the clearing, they take another bath. This frequency at the river makes everybody learn how to swim. They swim well, but without much endurance. They never cross great distances by swimming. Perhaps no one would even swim a hundred meters for mere exercise.